

The Senior Alliance

TSA is dedicated to enhancing and preserving the independence of older adults and individuals with disabilities, as well as providing support to caregivers.

- Transportation
- Housing Options
- Chore Providers Referral
- Nutrition Programs
- Legal Assistance
- Long Term Care Concerns
- Holiday Meals on Wheels
- Long Term Care OMBUDSMAN
- MI Choice Wavier Program
- Nursing Facility Transition Service
- Caregiver Support Referral
- Elder Abuse Services
- Medicare/Medicaid Assistance
- Home Healthcare Services
- Health Promotion Programs
- And More!

Call us for more information!

1 (800) 815-1112

The Senior Alliance

3850 Second Street, Suite 100
Wayne, MI 48184

Website: www.aaa1c.org

Email: info@tsalink.org



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Medicare Medicaid Assistance Program(MMAP)

Our Mission:

To educate, counsel and empower Michigan's older adults and individuals with disabilities, and those who serve them, so that they can make informed health benefit decisions.

MMAP Counselors:

Are certified specialists trained in Medicare and Medicaid law and regulations, health benefits and insurance counseling.

MMAP Counselors offer FREE unbiased health benefits counseling assistance. They help you to understand your health care options, compare and enroll in Medicare prescription drug plans, apply for Medicaid, Medicare Savings Programs or Low income subsidy.

1-800-803-7174



Care for you, right in your own home!

Do you or your loved one that wants to stay at home but needs long term care?

The Senior Alliance has multiple long term care programs so you can live a safe and healthy life right in the comfort of your own home.

Programs and services are FREE so don't wait. Call today to learn more about how to take advantage of these free services.

Everyone deserves an opportunity to live at home AND in good health – no matter the income level!

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EVIDENCE BASED DISEASE PROGRAM

- Traditionally, PATH programs have targeted older adults with one or more chronic illness (COPD, Diabetes, heart disease, arthritis, strokes, hypertension, etc.).
- PATH programs can be great resources for caregivers and those under 65 as well. Anyone who wants to take part is welcome!
- Diabetes PATH workshops are very similar to PATH with a specific focus on preventing low blood sugar and other serious complications of diabetes, eating healthier, more-balanced meals, and managing symptoms that may accompany diabetes.
- Chronic pain PATH is designed to teach skills needed to improve health and manage symptoms of pain.
- Good candidates may have: chronic musculoskeletal pain (neck, shoulder, back, etc.), fibromyalgia, repetitive strain injuries / sports injuries, post-surgical pain (lasting more than 3 months), or migraines.

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Care Transitions Program

Helping Medicare beneficiaries transition back into the community following a hospital admission. Working with a **Community Health Worker** who is certified in the Coleman Care Transitions™ model, patients identify their health risks to help avoid a re-hospitalization. Through this program, persons can also receive assistance with home and safety needs, nutrition services, MMAP Counseling, and many, many others that the agency and its community partners provide. For more information visit: www.aaa1c.org or call

(734) 722-2830

This service is funded by the Centers for Medicare and Medicaid through the Community Care Transitions program

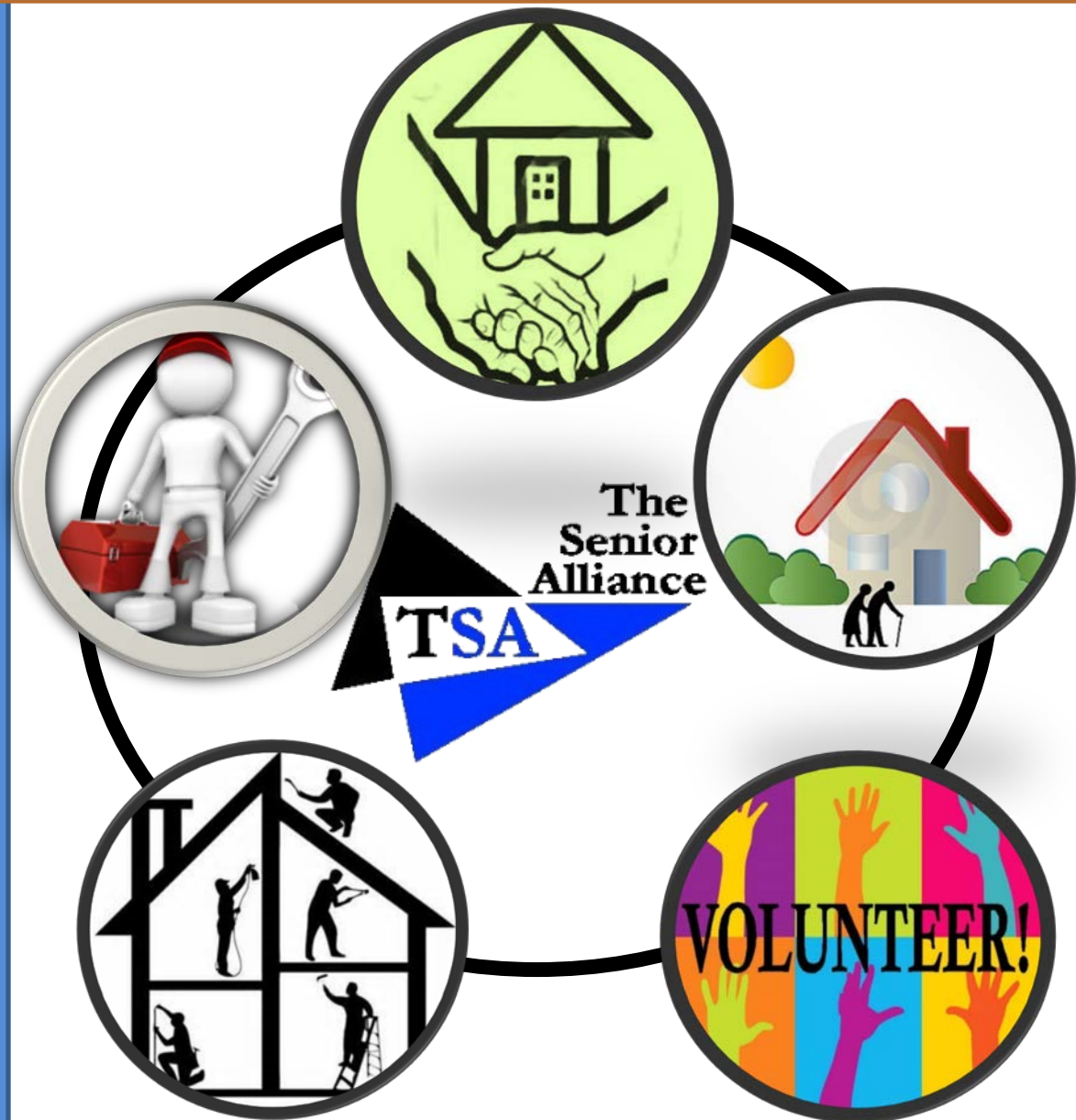
Aging Place Safe-at-Home

Safe-at-Home is designed to improve the quality of life for older Michigianians and individuals with disabilities by focusing on the remediation of unsound or hazardous conditions.

Our programs are funded through grants, donations, fundraising and provided with the help of volunteers.

- Emergency Home Safety Repair
- Home Safety Modification
- Minor Housing Rehabilitation
- Medical Equipment Loan Closet

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